Student Development (SDV) ABLE Exam

Why take the SDV100 Class?
First-time college students are required to complete a SDV100 or another 1-credit SDV course within the first 15 credits or they will be blocked from registering for other courses. Most programs have an SDV class requirement. This can sometimes be fulfilled through the SDV ABLE test. Some of the benefits of enrolling in SDV on campus or through ELI are:

- Provides students with the academic tools for success and teaches the skills of self-management and self-responsibility that relate to being a successful student.
- Helps students learn how to make responsible choices about their academic, personal, and career goals.
- Informs students about the College and community resources, the College’s policies and procedures, and the processes of moving effectively through the educational system.

Am I Eligible to take the SDV ABLE Exam?

- First time to college students (age 17-24) in their first year, Dual Enrollment students, and Pathways students are NOT eligible to take the ABLE exam.
- Students who have previously attempted the SDV Class and received a grade of A-F (or attempted the SDV ABLE test previously) are NOT eligible to take the exam.
- If your program requires SDV101, check with the department to determine if the SDV ABLE exam will fulfill the requirement.

When can I take the SDV ABLE Exam? What do I need to take the test?

- The SDV ABLE exam is available on a walk-in basis at least two hours before closing to allow time for check-in and testing (search Testing Center Calendar on www.nvcc.edu for current hours).
- It is advisable to test at least two weeks before any graduation deadlines.
- The test timer is set for 90 minutes for 50 multiple-choice, T/F, and matching questions.
- Bring a photo ID and your NOVA student ID number.
- You must know your Blackboard username and password and be able to log in.

What happens after I take the SDV ABLE Exam?

- Students will receive an immediate score report. If you do not get at least 38/50, you must take the SDV class. You are not eligible for a retake.
- Passing test results will appear in the online student information system and on the student’s college transcript within a couple weeks. You should receive 1 credit for SDV.
- If a student passes the SDV ABLE test while currently enrolled in an SDV course, it is the student’s responsibility to drop the course by the tuition refund deadline. You can do this as soon as you receive your score report.

Flip the page over for more information on SDV ABLE test preparation →

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SDV ABLE Exam Test Preparation

Students should review important topics included in the:

- NOVA website [www.nvcc.edu](http://www.nvcc.edu) (including MyNOVA, SIS, etc.)
- NOVA catalog: [https://www.nvcc.edu/curcatalog/](https://www.nvcc.edu/curcatalog/)
- NOVA student handbook: [http://www.nvcc.edu/students/handbook/](http://www.nvcc.edu/students/handbook/)
- Schedule of classes: [https://www.nvcc.edu/schedule/index.html](https://www.nvcc.edu/schedule/index.html)

Print copies of some of these resources may be available from Student Services.

SDV ABLE exam topics include, but are not limited to, the following:

- **Academic Planning**
  - Including degree planning, advising reports, course registration, college transfer planning, etc.

- **Career planning and self-assessments**
  - Including Virginia Education Wizard, resources to help planning, etc.

- **NOVA college policies**
  - Including applying for graduation, G.P.A. calculations, academic probation, course repeating, etc.

- **NOVA college resources**
  - Including the library, Student Information System (SIS), college catalog, student handbook, other NOVA offices/departments

- **Financial Literacy/Critical Thinking**
  - Including credit scores, debt, problem-solving, etc.

- **Learning Styles and Academic Skills**
  - Including note-taking strategies, studying, test-taking, etc.

- **Social/Interpersonal and Listening Skills**
  - Including nonverbal behavior, active listening, etc.

- **Wellness and Time Management**
  - Including goal-setting, balanced life, motivation, stress, health, etc.

Flip the page over for more information on the SDV class & ABLE Test →

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