June is Hurricane Awareness Month

When is hurricane season?

*Hurricane Frequency Map*

The Atlantic hurricane season runs from June 1 to November 30, with the peak occurring between mid-August and late October.

**The Time to Prepare is NOW!**

Identify your hurricane risk. Do you live in an evacuation zone? If so, you need to plan on where you and your family would ride out the storm if told to evacuate. Most people only need to evacuate a few miles from the coast to avoid the storm surge. Find a friend or relative who lives outside the storm surge evacuation zone and plan to ride out the storm with them. You should also establish a family communications plan if you are not together when you need to evacuate.

Develop an appropriate family disaster safety plan. A disaster safety plan is a comprehensive plan that identifies all of the steps a family needs to take before, during, and after a disaster to maximize personal safety and property protection. Visit [www.nhc.noaa.gov/prepare](http://www.nhc.noaa.gov/prepare) or [www.ready.gov](http://www.ready.gov) for sample family plans.

**More Information**

The Virginia Department of Emergency Management (VDEM) is a great source to keep you prepared for hurricanes. View VDEM’s Hurricane Evacuation Guide or view your Storm Surge Maps by visiting: [http://](http://)

**Lightning Awareness Week 2015: June 21-June 27**

Lightning is one of the most dangerous aspects of a thunderstorm. Lightning can strike up to 10 miles from the main area of the thunderstorm, about the distance you can hear thunder. Whether or not you can see the actual lightning flash, if you hear thunder, you are at risk of being struck. Because of this risk, the National Weather Service tells us, “When Thunder Roars, Go Indoors... and stay there at least 30 minutes after the last clap of thunder.”

**How far away is the lightning??**

The FLASH to BANG method provides a best estimate:

1) Count the number of seconds between the FLASH and the BANG of thunder
2) Divide this number by 5 to give you lightning’s distance in miles

**How Likely Am I to be Struck by Lightning??**

The average annual per capita strike rate in the United States is around 1 in 600,000, and there are 7.7 casualties per million people per 100 million flashes. The odds of being struck vary considerably across the nation and depend largely upon location, climatology, and exposure.

**Heat Lightning**

Heat lightning is a misnomer. What some people call "heat lightning" is actually lightning illuminating the sky from thunderstorms far over the horizon or otherwise unseen, from which no thunder is heard. Terrain, wind, precipitation, the atmosphere itself and shear distance all determine whether thunder will be heard when lightning is observed. Lightning just simply doesn't happen out of hot, thin air!

For more information about lightning safety, visit [http://www.lightningsafety.noaa.gov/](http://www.lightningsafety.noaa.gov/).
This month’s “Do 1 Thing” topic is:
Unique Family Needs

Find out how to be aware of and prepare for your family’s unique needs. Visit http://do1thing.com/things/jun to complete this month’s Small Steps to be Prepared.

If you haven’t completed “Do 1 Thing’s” prior months’ small steps, you can still catch up! Visit http://do1thing.com or http://blogs.nvcc.edu/emergency/ to learn how.

NOVA Police Community Outreach Events and Training

NOVA Police Attended National Police Week

On May 15, 2015, NOVA Police attended the National Police Week wreath-laying ceremony in Washington D.C to honor and pay respects to officers who have died in the line of duty.

In the United States, about 900,000 law enforcement officers put their lives on the line every day for the safety and protection of others. They serve with valor and distinction – and with great success. Federal statistics show violent and property crime rates in the United States are at historic lows.

However, police protection comes at a heavy price. Each year, there are approximately 60,000 assaults on law enforcement officers, resulting in nearly 16,000 injuries. Sadly, over the last decade, an average of 160 officers a year have been killed in the line of duty. Since the early 1960s, more than 40 campus police officers have died in the line of duty. And throughout U.S. history, more than 19,000 law enforcement officers have made the ultimate sacrifice. The names of these heroes are inscribed at the National Law Enforcement Memorial located at Judiciary Square in D.C.
The Annandale Hospital Bed Race raises funds to support both the Virginia Special Olympics, and for community-enhancing activities. The event was held on Saturday, May 9th. Almost 20 teams of 5 gathered for this race and decorated pediatric hospital beds.

Team NOVA finished with a respectable time, and good time was enjoyed by all. Special thanks go to Mary Grace McAlevy and Amy Layne for helping us decorate our bed and for taking; Bob Hull whose sponsorship made our participation possible; NOVA police officers Shallue and Corwin, who brought muscle, speed, and good looks to this race; and finally our brave bed rider, Jennifer Jones.
NOVA Police Training and Events

Active Shooter Response Training

In a continuing effort to ensure safety and security at NOVA campuses, the NOVA Police are offering Active Shooter Response training for the NOVA community.

Topics include:
- What is an Active Shooter?
- Statistics/case studies
- NOVA’s response to the 2009 Woodbridge shooting
- Police responsibilities and capabilities
- Tips on how to protect yourself and others
- Resources

Dates and locations: (Training will be held from noon-1:00 PM)
- June 22, Manassas Campus, MP 211
- June 23, Alexandria Campus, AA 158
- June 24, Annandale Campus, CA 305
- June 29, Woodbridge Campus, Seefeldt 106
- July 1, Loudoun Campus, LR 144
- July 2, Medical Education Campus, Room 254

How to Stay Safe on Campus

Attend this training to learn about NOVA Police campus safety resources and strategies.

Topics include:
- NOVA safety resources
- Personal safety tips
- Active shooter response overview
- And much more

Dates and locations: (Training will be held from noon-1:00 PM)
- July 7, Loudoun Campus, LR 144
- July 8, Alexandria Campus, AA 196
- July 13, Manassas Campus, MP 211
- July 14, Woodbridge Campus, Seefeldt 106
- July 16 Annandale Campus, CT 208
- July 20, Medical Education Campus, Room 254

Please RSVP for this training. If you need to request accommodations, e-mail Outreach Officer Tony Ong at tong@nvcc.edu or call 703-933-1850