ATTACHMENT SECTION

Important NOVA announcements and flyers are enclosed.

To read this week’s Intercom issue see: http://www.nvcc.edu/pip/102309.pdf
NOVA Community Chorus
Dr. Mark Whitmire, Director

Presents

JOHANNES BRAHMS
A GERMAN REQUIEM

Tuesday, October 27, 7:30 p.m.

Piano 4-Hands version with Christine Hagan and David Hagan, pianists
Sung in the new English translation by William J. Bullock with
Therese LaGoe, soprano soloist
William Brown / Nicholas King, baritone soloists

Rachel M. Schlesinger Concert Hall
Northern Virginia Community College
3001 North Beauregard Street

Admission $10
703-845-6097
mwhitmire@nvcc.edu

NOVA Northern Virginia Community College
Alexandria Campus
Cold versus Flu

Questions & Answers

What is the difference between a cold and the flu?

The flu and the common cold are both respiratory illnesses but they are caused by different viruses. Because these two types of illnesses have similar flu-like symptoms, it can be difficult to tell the difference between them based on symptoms alone.

In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense. Colds are usually milder than the flu. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.

How can you tell the difference between a cold and the flu?

Because colds and flu share many symptoms, it can be difficult (or even impossible) to tell the difference between them based on symptoms alone. Special tests that usually must be done within the first few days of illness can be carried out, when needed to tell if a person has the flu.

What are the symptoms of the flu versus the symptoms of a cold?

In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense. Colds are usually milder than the flu. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.

Content source: Centers for Disease Control and Prevention
DID YOU KNOW???

Your spouse and children receive
FREE EDUCATION
if you are 100% disabled
from combat
*Up to age 29 for children. No age limit on spouse!

GET THE INFO!!!
MILITARY
APPRECIATION DAY

ARMY NAVY AIR FORCE MARINES COAST GUARD
ARMY NATIONAL GUARD AIR NATIONAL GUARD

November 4
11-3pm

Questions?
Diane Malone
(703)878-5748

NOVA
Woodbridge
Campus
Atrium/Cafeteria Area

Refreshments
ALL branches of service!!!

Information regarding:
Post 9/11 Chapter 33
MYCAA
Gunnery Sergeant FRYE Program
Vocational Rehabilitation Services
DAV (Veterans Advocate)
VFW (Veterans Advocate)
CONAP
State Veterans Representative to talk about
Military Survivors Education Benefits Program
Financial Aid Representative
Community Service Trip  
Friday, October 23  
Northern Virginia Community College  
&  
Vinson Hall Retirement Community

What is the Vinson Hall Retirement Community?

A non-profit independent assisted living community in McLean, VA for retired military officers and career government officers as well as immediate family members.

How do I get involved?

The Annandale Office of Student Activities will be taking a van full of students over to the Vinson Hall Retirement Community on Friday, October 23th. Sign up at the Annandale Office of Student Activities (CF 266/228). We will leave from the office at 9:00 a.m. and arrive back to campus at approximately 2:30 p.m.

What to bring:

- A bagged lunch  
- Wear comfortable clothing

Help Others!  
Enhance Your Transfer Resume!  
Earn Community Service Hours!
# Training Sessions

- eVA Requisition and Purchasing Procedures
- P-Card Requisition/Reconciliation

Purchasing will offer two types of training sessions regarding the use of eVA, the State's electronic procurement system:

One session will teach participants how to create a P-Card requisition and reconcile their transactions. Priority seating will be reserved for new P-Card holders and College Staff members. Another session will show attendees how to create a requisition as well as address general purchasing procedures. Priority seating will be reserved for College Staff members.

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<thead>
<tr>
<th>Date</th>
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<th>Room</th>
<th>Time</th>
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<tbody>
<tr>
<td>11/6</td>
<td>eVA Requisition and Purchasing Procedures</td>
<td>CT335</td>
<td>9:00–11:00 am</td>
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<td>ONLINE REGISTRATION</td>
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<tr>
<td>11/20</td>
<td>P-Card Requisition/Reconciliation</td>
<td>CT335</td>
<td>9:00–11:00 am</td>
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NVCC - Purchasing  
8333 Little River Turnpike  
CW 314  
Annandale, VA 22003  

Phone: 703.232.3083  
Email: emellon@nvcc.edu  

![NOVA Logo](image)  
Northern Virginia Community College

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<th>Date</th>
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<td>11/29</td>
<td>P-Card Requisition/Reconciliation</td>
<td>CT335</td>
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UNDERGRADUATE STEM RESEARCH SCHOLARSHIP OPPORTUNITY 2010-2011

Virginia Space Grant Consortium (VSGC) provides Undergraduate Research Scholarships of up to $8,500 to encourage talented individuals to conduct research in science, technology, engineering, and math (STEM) that supports NASA’s mission and the aerospace industry.

Undergraduate Research Scholarships require that students participate in an active faculty-mentored research experience that aligns with the aerospace sector and meets NASA’s mission. Student stipends and research support totaling $4,000 during the academic year and $4,500 during a summer semester are available.

This is a competitive program and awards are based on student academic merit, quality of research proposal and alignment of research with the goals of NASA and the aerospace sector. Awards are one year and non-renewable. VSGC can assist students in identifying research opportunities. Underrepresented minority students, female students, and students with disabilities are encouraged to apply.

Sponsor:
The Virginia Space Grant Consortium (VSGC) is a coalition of five Virginia Space Grant universities (College of William and Mary, Hampton University, Old Dominion University, University of Virginia, and Virginia Tech), the Virginia Community College System, NASA, state educational agencies, and other organizations representing diverse aerospace education and research interests.

Eligibility:
• Must be U.S. citizen
• Must enrolled as a full-time student (minimum 12 credit hours) at one of the five Virginia Space Grant Consortium member institutions
• Must have completed at least two years of a STEM (science, technology, engineering and math) undergraduate program and be a junior or senior during the 2010-2011 academic year
• Must be in a program of study demonstrating an interest in aerospace or supporting NASA’s mission
• Must have a grade point average of 3.0 on a 4.0 scale

How to Apply:
For more information and to complete the online application for 2010-2011, please visit:

http://www.vsgc.odu.edu

Applications must received by February 8, 2010
Help NOVA help others!
Virginia Hunger Symposium
Food Drive
October 19-23

ITEMS CRITICALLY NEEDED:
Pastas and rice    Spaghetti Sauce
Peanut Butter      Canned Vegetables
Canned Meats       Canned fruits

A campus donation bin is located on each campus!
I want Your Blood!

There is an urgent need for all blood types.

Please make an appointment on your NOVA campus and give something special that could save a life!

October 27
Loudoun
10 a.m. – 4 p.m./Lounge
Appointment: dlaing@nwcc.edu

October 28
Annandale
10 a.m. – 4 p.m. /ICF Cafeteria
Sponsored by Phi Theta Kappa
Appointment: egh2039@email.vccs.edu

October 29
Alexandria
10 a.m. – 3 p.m./Bisdorf AA158
Appointment: pgordon@nwcc.edu

Medical Education
9:30 a.m.-3:30 p.m./First Floor
Appointment: pmartinmattocks@nvcc.edu

Manassas
10 a.m. - 3 p.m.
Appointment: 1(866) BLOODSAVES

Woodbridge
10 a.m. - 3 p.m. /Outside Seefeldt Bldg.
Appointment: 1(866) BLOODSAVES

Presented by your Office of Student Activities
Computer Mania Day is full of fun tech-related activities for middle school girls.

Computer Mania Day gets girls interested in technology careers and classes.

Boys are welcome, and parents, teachers, and community members participate too.

October 31, 2009, 9am – 3pm
Northern Virginia Community College, Annandale Campus

Register to attend or volunteer at Computer Mania Day: www.computer-mania.info
Hosted by Multinational Development of Women in Technology (MDWIT) and Northern Virginia Community College

What is Computer Mania Day?
MDWIT, along with the faculty and staff of Northern Virginia Community College, are hosting Computer Mania, fun-filled day of technology-related activities for middle school girls! Computer Mania Day encourages middle school girls to explore technology-related careers. Parents, teachers, and community members also will participate in the day’s activities.

What Can We Accomplish in One Day?
Research shows that in just one day, Computer Mania increases girls’ awareness of and interest in career opportunities in computer science, information technology, engineering, and math and encourages girls to take related, elective classes in local-area middle and high schools. Girls, their parents, and their teachers are provided with an extended morning of fun, hands-on technology-related activities at Computer Mania Day. Although our main focus is to increase girls’ awareness and interest, boys are welcome too!

Volunteers Needed!

Help with activities leading up to the event, or volunteer to assist on site. For more information, email Jackie White at computermania@mdwit.org or call (443) 415-6243.

www.computer-mania.info
The Quality Enhancement Plan (QEP) is part of the reaffirmation of accreditation by the Southern Association of Colleges and Schools Commission on Colleges (SACS CCC). The QEP involves developing and assessing a strategy that NOVA will use to enhance the quality of student learning. According to SACS CCC, student learning addresses knowledge, skills, behavior, and values. The QEP should complement NOVA’s mission and the Strategic Vision 2015. The topic should be creative, specific, and significantly impact the greater student body’s learning experience. NOVA must be able to implement and assess the QEP.

Proposals are due by November 30, 2009. Please submit your proposal by e-mail to QEP@nvcc.edu or directly to Alison Thimblin, Special Assistant for the Quality Enhancement Plan (AN Campus, CM 308).

Title of proposed QEP:

Description: How is the proposed topic transformative in terms of student learning? What student learning outcomes are addressed?

Congruence with Mission and Strategic Vision 2015:
**Method:** How do you envision NOVA carrying out your proposal?

________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

**Assessment Plan:** Address the expected outcomes and how they can be measured.

________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

**Resources:** What kind of resources (personnel, training, technology, etc.) do you anticipate will be needed?

________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

**References (if applicable):**


Names of those involved in the preparations of this proposal.

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<th>Name</th>
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Divining Nature: An Elemental Garden
Rebecca Kamen
Greater Reston Arts Center
Catalog Signing and Reception: Saturday, October 17, 6 – 8 pm

Contact:
Joanne Bauer, Exhibitions Director
703 471.9242 ext. 111
joannebauer@restonarts.org

Suzy Guardia, Education Director
703 471.9242 ext. 118
suguardia@restonarts.org

Rebecca Kamen, Artist
703-863-9535
rakamen@earthlink.net

Project Overview:

Divining Nature: An Elemental Garden by Rebecca Kamen will be a large-scale, sculptural installation based on the periodic table and scheduled for exhibition during October and November of 2009 at the Greater Reston Arts Center (GRACE) in Reston Town Center. The project is inspired by the artist’s extensive inquiry into the periodic table of chemical elements. Kamen conducted research at numerous sites including the rare book libraries of the Chemical Heritage Foundation and the American Philosophical Society in Philadelphia. During her studies she discovered a set of illustrations picturing each element as a flower. These unusual images became central inspirations for Divining Nature, leading the artist to create a garden of atomic flowers.

The installation will guide viewers along a spiral path, passing through white, organic forms representing the eighty-three naturally occurring elements. Each flower is comprised of white Mylar supported by multiple stems made of thin fiberglass rods. The number of petals corresponds to the element’s orbital pattern, while its stems are based on the number of electrons.

Beginning with the simplest elements attached to a column, like flowers clinging to a garden wall, the atomic flowers will rotate out and flow around the gallery floor in a mathematical pattern based on the Golden Section and the Fibonacci Spiral. As the flowers move farther away from the center they will grow larger and more complex, illuminating both the meaning and beauty of the periodic table.

While the atomic garden will transform the arts center’s octagonal space into a floating sea of glowing white flowers, a related exhibition will occupy a smaller, nearby gallery. Here Kamen will exhibit five simple geometric forms representing Plato’s original elements: Earth, Fire, Water, Air, and Cosmos. This small scale exhibition will serve as both an historical introduction and a vestibule where visitors can contemplate the sculptures’ elegant simplicity before a walk through the main installation.

Artist Background:

Rebecca Kamen is a well-known sculptor, educator, and Fairfax County resident who exhibits her work both nationally and internationally. She is the recipient of numerous awards including a Virginia Museum of Fine Art Professional Fellowship, a Strauss Fellowship, and a Pollack Krasner Foundation Grant. Her unique process, based on wide ranging research into science, cosmology, spirituality, and philosophy, yields sculptures that begin with complex concepts and then transform into simple objects of refined beauty.

Throughout her career Kamen has produced significant bodies of work based on science including Invisible Sightings, celebrating the one hundredth anniversary of Einstein’s discovery of the theory of relativity and Manuscript as Muse where she used rare science books from the American Philosophical Society library as the inspiration for contemporary sculptures. In Divining Nature the artist collaborated with Maryland architect Alick Dearie to develop an installation plan based on mathematic principles and also with bio musician Susan Alexjander, to create an original soundscape for the exhibition.

Educational Overview:

GRACE’s educational program targets three primary audiences: adults, youth and teens. This project will address each audience with a series of programs that explore the direct relationship between artists and scientists as creative thinkers. Participants of all ages will experience a complex scientific concept interpreted through the eyes of an accomplished artist who sees the commonalities between science and art.

Adults will be engaged through our Appetite for Art series that surveys the world of today’s most interesting and diverse contemporary artists. Curators, scientists, artists and educators will guide participants through the viewing of documentary films, in-depth examinations of the exhibition, and provocative discussions of trends and influences in current cultural life.

Divining Nature: An Elemental Garden and its related activities will be the fourth major project in GRACE’s formal educational program Inter-Action: Enrichment through Art. This program invites Fairfax
County youths, and those who live and work with them, to experience contemporary art through exhibition tours, hands-on workshops, classroom lessons, collaborative projects, and related activities. The primary goal of the program is to stimulate thinking, learning, and enjoyment through direct exposure to contemporary art.

Teens are an important audience for GRACE as we have successfully created a youthful community of artists and arts enthusiasts through our efforts. Teen Nights in the gallery, a Youth Art Month exhibition, and professional development seminar will be the foundation for the programming that engages these students in considering careers in the arts and sciences.

Project Partners:
GRACE will partner with area schools including the Young Scholars program at Dogwood Elementary School (a nearby Title I school) to develop in-class lessons followed by free bus trips to the gallery for tours and hands-on learning. Laurel Learning Center, a subsidized day care center with an after school program, Southgate Community Center, and families from the Embry Rucker Shelter will be invited to visit for free tours and docent-led workshops using the arts center’s unique Explore More art buckets.

GRACE will again work with Herndon High School, South Lakes High School, and Pimmit Hills Alternative High School to arrange bus trips to the gallery for tours, artist talks, and collaborative projects culminating in an exhibition at GRACE in March of 2010. This year, for the first time, the arts center will invite science and math students along with arts students to experience Divining Nature and use it as a springboard for developing joint projects combining their different disciplines. GRACE has previously worked with art teachers from these schools to develop successful collaborative projects with their students culminating in a joint exhibition, Emerging Visions: Roots.

Additionally, GRACE has met with Ann M. Myers, Executive Director of the Children’s Science Center in Northern Virginia, to develop collaborative opportunities related to this unique exhibition. Projects will include docent-led tours, hands-on workshops for families, and in-class lessons exploring the similarities between science and art for school children.

Project Documentation:
- An exhibition catalog including photos of the installation and a critical essay
- Art and Science - a new portfolio based on the project will become part of GRACE’s Art in the Schools art enrichment program which reaches 22,000+ students at 50 schools
- A short film will document a studio visit with Rebecca Kamen and offer insight into variety of sources she draws on for her inspiration.

Organizational History:
GRACE has a 35 year history of developing exhibitions of contemporary art and related educational programs. In 2007 – 2008 the arts center presented eight major exhibitions and the Northern Virginia Fine Arts Festival featuring 185 artists. Gallery exhibitions included a collaborative juried exhibition, six solo and group shows featuring regional artists, and Emerging Visions for youth. In addition, GRACE has produced several exhibition catalogues and two short films. The arts center has mounted large-scale, site-specific installations including FLOW: The Landscape of Migration with Foon Sham and Sleeping Tree with Shinji Turner-Yamamoto.

In addition, GRACE has a long history of developing and managing successful educational programs alone and in collaboration with other community groups. Art in the Schools, an arts enrichment program run by parent volunteers has operated successfully for the past 33 years. Other programs include Creation Station workshops, summer Arts Camp, Explore More for drop-in art making, and Appetite for Art- a senior enrichment program. The arts center also offers film series, musical evenings, dramatic theatrical readings, lectures and family workshops.
See the movie for FREE before it comes out on DVD!

Thursday, November 1st, Annandale Campus, CM 332
Time: 7:00 p.m. Rated: R Contact: jzahorian@nvcc.edu