ATTACHMENT SECTION

Important NOVA announcements and flyers are enclosed.

To read this week’s Intercom issue see: http://www.nvcc.edu/pip/101609.pdf
Dr. Stephen Fuller
Dwight Schar Faculty Chair and University Professor
Director, Center for Regional Analysis, School of Public Policy, George Mason University

4th Annual Presentation on
The State of the Regional Economy

Tuesday, October 20th, 2009 at 1:00 pm
Waddell Theater, NOVA-Loudoun Campus

Cosponsored by The Humanities Division and
The Economics Department
A Tea & Pedagogy presentation
Free and Open to the Public
“Making Science-Fiction Films”

A Talk by Filmmaker

Erik Courtney

Director of

The Persistence of Dreams
and
Dark Side

Wednesday, October 21, 2009
12:30 p.m., CE Theater

Erik Courtney studied at Columbia University and UCLA’s Graduate School of Film and Television and worked at James Cameron’s Lightstorm Entertainment. He directed The Persistence of Dreams, a real-time IMAX depiction of Abraham Lincoln’s assassination, the only re-creation ever allowed to be filmed inside Ford’s Theatre in Washington, DC. He is currently in pre-production on his first sci-fi feature film, a space thriller entitled Dark Side.

Mr. Courtney will speak on what it takes to produce, distribute, and ultimately make a profit from a science-fiction film, and he will show examples of his work.

Join us for an entertaining and provocative presentation.

A Lyceum Event/Admission is free

For more information, contact the Division of Liberal Arts at 703/323/3107.
Corporate Assistance Program
“help us help your employees”
Trainings and Workshops

For NOVA Supervisors

Recognizing Memory Challenges
Caregiver Stress in the Workplace

NOVA
Brault Building: Large Conference Room
October 22, 2009
2:30pm-3:30pm

Is it forgetfulness or something more? Learn about the many constraints that working caregivers endure for long periods of time, coping mechanisms that employers can assist with, and empowerment strategies for the caregiver to remain productive in the workplace.

Stuart Evans
Family Service Manager
Alzheimer’s Association NCA

Pre-registration requested:
E-mail to: HRDTraining@nvcc.edu
In the subject line state: Register for October 22nd Alzheimer’s Association workshop

for more information, call 703-359-4440 or e-mail CAP@alz.org
Community Service Trip
Friday, October 23
Northern VA Community College
&
Vinson Hall Retirement Community

What is the Vinson Hall Retirement Community?

A non-profit independent assisted living community in McLean, VA for retired military officers and career government officers as well as immediate family members.

How do I get involved?

The Annandale Office of Student Activities will be taking a van full of students over to the Vinson Hall Retirement Community on Friday, October 23th. Sign up at the Annandale Office of Student Activities (CF 266/228). We will leave from the office at 9:00 a.m. and arrive back to campus at approximately 2:30 p.m.

What to bring:

- A bagged lunch
- Wear comfortable clothing

Help Others!
Enhance Your Transfer Resume!
Earn Community Service Hours!

NOVA Northern Virginia Community College
Annandale Campus
**TRAINING SESSIONS**

- eVA Requisition and Purchasing Procedures
- P-Card Requisition/Reconciliation

Purchasing will offer two types of training sessions regarding the use of eVA, the State’s electronic procurement system:

One session will teach participants how to create a P-Card requisition and reconcile their transactions. Priority seating will be reserved for new P-Card holders and College Staff members. Another session will show attendees how to create a requisition as well as address general purchasing procedures. Priority seating will be reserved for College Staff members.

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NVCC - Purchasing
8333 Little River Turnpike
CW 314
Annandale, VA 22003

Phone: 703.232.3083
E-mail: emelion@nvcc.edu

NOVA | Northern Virginia Community College

See the Training section on Purchasing’s website
23 TIPS FOR COLD AND FLU PREVENTION

1. WASH YOUR HANDS: This is still the best way to prevent colds and flu. Wash your hands frequently with soap and warm water for at least 15 seconds. Use “hand sanitizer” when washing facilities are not available.

2. USE A TISSUE INSTEAD OF A HANDKERCHIEF: Wipe or blow your nose and immediately throw the tissue away. Handkerchiefs continually spread germs to your hands and face.

3. DON’T TOUCH YOUR FACE: Touching your eyes, nose or mouth is a fast way for germs to get into your body.

4. COUGH AND SNEEZE AWAY FROM OTHERS: Instead of coughing or sneezing into your hands, turn away from others, cough or sneeze into your sleeve or use a tissue.

5. WATCH THAT MOUTH: Avoid placing objects such as pens or pencils into your mouth. Also avoid licking your fingers when eyes, nose or mouth is a fast way for germs to get into your body.

6. TAKE CARE AT WORK/IN Classroom: Clean your area and phone often. Wash your hands after using the bathroom, lunchroom, copy/fax machine, and any other space that is used by others. Some germs can survive on objects for hours or a few days.

7. BE AWARE OF COMMUNITY SPACE: Doorknobs, light switches, refrigerator doors, bathroom and kitchen counters, telephones, computers, and remote controls are all places germs can reside.

8. USE HAND SANITIZERS: Keep liquid or gel hand sanitizers or anti-bacterial wipes handy.

9. TEACH YOUR CHILDREN: Children are very susceptible to colds. Teach them to wash their hands often with soap and warm water. Saying the ABCs while washing their hands assures they wash long enough (at least 15 seconds).

10. DON’T SHARE CUPS: Use paper cups in the bathrooms and kitchen.

11. DON’T SHARE FOOD UTENSILES: This may be difficult for most to do at home but it is important so you can not pass it back and forth.
23 TIPS FOR COLD AND FLU PREVENTION

12. USE DISPOSABLE PRODUCTS: Germs can live on towels and sponges for hours so use paper towels in the kitchen and bathrooms or wash bathroom hand towels often. Disinfect sponges by running them through the dishwasher and replace them frequently.

13. DON’T SMOKE: Smoking can irritate the nose and lungs when you have a cold or the flu making symptoms worse.

14. PRACTICE GOOD HOUSE CLEANING: Frequently clean living areas and wash bedding (especially children’s) and towels.

15. KEEP TOYS CLEAN: Regularly wash children’s toys in warm, soapy water.

16. VENTILATE: When weather permits, open up doors and windows to let fresh air in to circulate through your home.

17. EXERCISE: About 30 minutes three or more times a week can help strengthen your immune system.

18. EAT HEALTHY: Getting all your daily vitamins and nutrients can help ward off colds and flu.

19. RELAX: You’re more likely to get sick when you’re under stress. Get eight hours or more of sleep per night and remember to relax!

20. IF YOU DO GET SICK: Stock up on cough drops, tissue and other products you use in case you or someone in your family becomes sick.

21. Voluntary Use of N-95 dust mask: For those who feel uncomfortable in social gatherings, such as airports, airplanes, malls, and classrooms.

22. Remember to clean common areas & common use equipment such as phones & computers; hand rails, and elevator buttons, too.

23. Do not Shop for Germs: When you are out & about at the grocery store, or at a restaurant, what you touch may contain germs; use hand sanitizer, and wash hands as soon as reasonable.

NOTE: As appropriate:
- Please get a flu shot.
- If you are sick, please stay home from work.
- If you get sick, please go home.

DON’T GET THE FLU
DON’T SPREAD THE FLU
GET VACCINATED
“We are all connected.” “It’s a small world.” These are phrases commonly heard in today’s global community. You meet someone in the grocery store who mentions he went to college with your brother’s wife. Your current student is the child of a former colleague. We are all connected by six degrees.

CCT w/2nd Flight Theatre Company in residence at NOVA Loudoun will present Six Degrees of Separation written by John Guare and directed by Haley Murphy. The play runs October 9, 10, 11, 16, 17 and 18. Fridays and Saturdays at 8:00 p.m. and Sunday, October 11 at 7:00 p.m. and Sunday, October 18 at 2:00 p.m.

Tickets are $10 for Students and $15 General Admission. For more information please visit http://www.cct2ft.com or contact Natalie V. Safley (nsafley@nvcc.edu).

This production is recommended for mature audiences.

Come see this cultural phenomenon in action. Who you are connected to? It may surprise you…
Help NOVA help others!
Virginia Hunger Symposium
Food Drive
October 19-23

ITEMS CRITICALLY NEEDED:
Pastas and rice    Spaghetti Sauce
Peanut Butter     Canned Vegetables
Canned Meats      Canned fruits

A campus donation bin is located on each campus!
I want Your Blood!

There is an urgent need for all blood types.
Please make an appointment on your NOVA campus and give something special that could save a life!

October 27
Loudoun
10 a.m. – 4 p.m./Lounge
Appointment: tlai@nwcc.edu

October 28
Annandale
10 a.m. – 4 p.m. /ICF Cafeteria
Sponsored by Phi Theta Kappa
Appointment: egh2839@email.vccs.edu

October 29
Alexandria
10 a.m. – 3 p.m./Bisdorf AA158
Appointment: pgordon@nwcc.edu

Medical Education
9:30 a.m.-3:30 p.m./First Floor
Appointment: pmartinmastoocks@nvcc.edu

Manassas
10 a.m. - 3 p.m.
Appointment: 1(866) BLOODSAVES

Woodbridge
10 a.m. - 3 p.m./Outside Seeffeldt Bldg.
Appointment: 1(866) BLOODSAVES

Presented by your Office of Student Activities
Computer Mania Day is full of fun tech-related activities for middle school girls.

Computer Mania Day gets girls interested in technology careers and classes.

Boys are welcome, and parents, teachers, and community members participate too.

October 31, 2009, 9am – 3pm
Northern Virginia Community College, Annandale Campus

Register to attend or volunteer at Computer Mania Day: www.computer-mania.info
Hosted by Multinational Development of Women in Technology (MDWIT) and Northern Virginia Community College

What is Computer Mania Day?
MDWIT, along with the faculty and staff of Northern Virginia Community College, are hosting Computer Mania, fun-filled day of technology-related activities for middle school girls! Computer Mania Day encourages middle school girls to explore technology-related careers. Parents, teachers, and community members also will participate in the day’s activities.

What Can We Accomplish in One Day?
Research shows that in just one day, Computer Mania increases girls’ awareness of and interest in career opportunities in computer science, information technology, engineering, and math and encourages girls to take related, elective classes in local-area middle and high schools. Girls, their parents, and their teachers are provided with an extended morning of fun, hands-on technology-related activities at Computer Mania Day. Although our main focus is to increase girls’ awareness and interest, boys are welcome too!

Volunteers Needed!
Help with activities leading up to the event, or volunteer to assist on site. For more information, email Jackie White at computermania@mdwit.org or call (443) 415-6243.
www.computer-mania.info
Quality Enhancement Plan (QEP) Topic Proposal

The Quality Enhancement Plan (QEP) is part of the reaffirmation of accreditation by the Southern Association of Colleges and Schools Commission on Colleges (SACS CCC). The QEP involves developing and assessing a strategy that NOVA will use to enhance the quality of student learning. According to SACS CCC, student learning addresses knowledge, skills, behavior, and values. The QEP should complement NOVA’s mission and the Strategic Vision 2015. The topic should be creative, specific, and significantly impact the greater student body’s learning experience. NOVA must be able to implement and assess the QEP.

Proposals are due by November 30, 2009. Please submit your proposal by e-mail to QEP@nvcc.edu or directly to Alison Thimbin, Special Assistant for the Quality Enhancement Plan (AN Campus, CM 308).

Title of proposed QEP:

Description: How is the proposed topic transformative in terms of student learning? What student learning outcomes are addressed?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Congruence with Mission and Strategic Vision 2015:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Method: How do you envision NOVA carrying out your proposal?


 Assessment Plan: Address the expected outcomes and how they can be measured.


 Resources: What kind of resources (personnel, training, technology, etc.) do you anticipate will be needed?


 References (if applicable):


 Names of those involved in the preparations of this proposal.

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<th>Name</th>
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Divining Nature: An Elemental Garden
Rebecca Kamen
Greater Reston Arts Center
Catalog Signing and Reception: Saturday, October 17, 6 – 8 pm

Contact:
Joanne Bauer, Exhibitions Director
703.471.9242 ext. 111
joannebauer@restonarts.org

Suzi Guardia, Education Director
703.471.9242 ext. 118
suguardia@restonarts.org

Rebecca Kamen, Artist
703.863.9535
rakamen@earthlink.net

Project Overview:

Divining Nature: An Elemental Garden by Rebecca Kamen will be a large-scale, sculptural installation based on the periodic table and scheduled for exhibition during October and November of 2009 at the Greater Reston Arts Center (GRACE) in Reston Town Center. The project is inspired by the artist's extensive inquiry into the periodic table of chemical elements. Kamen conducted research at numerous sites including the rare book libraries of the Chemical Heritage Foundation and the American Philosophical Society in Philadelphia. During her studies she discovered a set of illustrations picturing each element as a flower. These unusual images became central inspirations for Divining Nature, leading the artist to create a garden of atomic flowers.

The installation will guide viewers along a spiral path, passing through white, organic forms representing the eighty-three naturally occurring elements. Each flower is comprised of white Mylar supported by multiple stems made of thin fiberglass rods. The number of petals corresponds to the element's orbital pattern, while its stems are based on the number of electrons.

Beginning with the simplest elements attached to a column, like flowers clinging to a garden wall, the atomic flowers will rotate out and flow around the gallery floor in a mathematical pattern based on the Golden Section and the Fibonacci Spiral. As the flowers move farther away from the center they will grow larger and more complex, illuminating both the meaning and beauty of the periodic table.

While the atomic garden will transform the arts center's octagonal space into a floating sea of glowing white flowers, a related exhibition will occupy a smaller, nearby gallery. Here Kamen will exhibit five simple geometric forms representing Plato's original elements: Earth, Fire, Water, Air, and Cosmos. This small scale exhibition will serve as both an historical introduction and a vestibule where visitors can contemplate the sculptures' elegant simplicity before a walk through the main installation.

Artist Background:

Rebecca Kamen is a well-known sculptor, educator, and Fairfax County resident who exhibits her work both nationally and internationally. She is the recipient of numerous awards including a Virginia Museum of Fine Art Professional Fellowship, a Strauss Fellowship, and a Pollack Krasner Foundation Grant. Her unique process, based on wide ranging research into science, cosmology, spirituality, and philosophy yields sculptures that begin with complex concepts and then transform into simple objects of refined beauty.

Throughout her career Kamen has produced significant bodies of work based on science including Invisible Sightings, celebrating the one hundredth anniversary of Einstein's discovery of the theory of relativity and Manuscript as Muse where she used rare science books from the American Philosophical Society library as the inspiration for contemporary sculptures. In Divining Nature the artist collaborated with Maryland architect Alick Dearie to develop an installation plan based on mathematic principles and also with bio musician Susan Alexjander, to create an original soundscape for the exhibition.

Educational Overview:

GRACE's educational program targets three primary audiences: adults, youth and teens. This project will address each audience with a series of programs that explore the direct relationship between artists and scientists as creative thinkers. Participants of all ages will experience a complex scientific concept interpreted through the eyes of an accomplished artist who sees the commonalities between science and art.

Adults will be engaged through our Appetite for Art series that surveys the world of today's most interesting and diverse contemporary artists. Curators, scientists, artists and educators will guide participants through the viewing of documentary films, in-depth examinations of the exhibition, and provocative discussions of trends and influences in current cultural life.

Divining Nature: An Elemental Garden and its related activities will be the fourth major project in GRACE's formal educational program Inter-Action: Enrichment through Art. This program invites Fairfax
County youths, and those who live and work with them, to experience contemporary art through exhibition tours, hands-on workshops, classroom lessons, collaborative projects, and related activities. The primary goal of the program is to stimulate thinking, learning, and enjoyment through direct exposure to contemporary art.

Teens are an important audience for GRACE as we have successfully created a youthful community of artists and arts enthusiasts through our efforts. Teen Nights in the gallery, a Youth Art Month exhibition, and professional development seminar will be the foundation for the programming that engages these students in considering careers in the arts and sciences.

**Project Partners:**

GRACE will partner with area schools including the Young Scholars program at Dogwood Elementary School (a nearby Title I school) to develop in-class lessons followed by free bus trips to the gallery for tours and hands-on learning. Laurel Learning Center, a subsidized day care center with an after school program, Southgate Community Center, and families from the Emby Rucker Shelter will be invited to visit for free tours and docent-led workshops using the arts center's unique Explore More art buckets.

GRACE will again work with Herndon High School, South Lakes High School, and Pimmit Hills Alternative High School to arrange bus trips to the gallery for tours, artist talks, and collaborative projects culminating in an exhibition at GRACE in March of 2010. This year, for the first time, the arts center will invite science and math students along with arts students to experience *Divining Nature* and use it as a springboard for developing joint projects combining their different disciplines. GRACE has previously worked with art teachers from these schools to develop successful collaborative projects with their students culminating in a joint exhibition, *Emerging Visions: Roots*.

Additionally, GRACE has met with Ann M. Myers, Executive Director of the Children's Science Center in Northern Virginia, to develop collaborative opportunities related to this unique exhibition. Projects will include docent-led tours, hands-on workshops for families, and in-class lessons exploring the similarities between science and art for school children.

**Project Documentation:**

- An exhibition catalog including photos of the installation and a critical essay
- *Art and Science* - a new portfolio based on the project will become part of GRACE's Art in the Schools art enrichment program which reaches 22,000+ students at 50 schools
- A short film will document a studio visit with Rebecca Kamen and offer insight into variety of sources she draws on for her inspiration.

**Organizational History:**

GRACE has a 35 year history of developing exhibitions of contemporary art and related educational programs. In 2007 – 2008 the arts center presented eight major exhibitions and the Northern Virginia Fine Arts Festival featuring 185 artists. Gallery exhibitions included a collaborative juried exhibition, six solo and group shows featuring regional artists, and *Emerging Visions* for youth. In addition, GRACE has produced several exhibition catalogues and two short films. The arts center has mounted large-scale, site-specific installations including *FLOW: The Landscape of Migration* with Foon Sham and *Sleeping Tree* with Shinji Turner-Yamamoto.

In addition, GRACE has a long history of developing and managing successful educational programs alone and in collaboration with other community groups. *Art in the Schools*, an arts enrichment program run by parent volunteers has operated successfully for the past 33 years. Other programs include Creation Station workshops, summer Arts Camp, Explore More for drop-in art making, and Appetite for Art - a senior enrichment program. The arts center also offers film series, musical evenings, dramatic theatrical readings, lectures and family workshops.
See the movie for FREE before it comes out on DVD!

Thursday, November 1st, Annandale Campus, CM 332
Time: 7:00 p.m. Rated: R Contact: jzahorian@nvcc.edu