ATTACHMENT SECTION

Important NOVA announcements and flyers are enclosed.

To read this week’s Intercom issue see: http://www.nvcc.edu/pip/072310.pdf
Please join us at a retirement reception honoring...

~ LUANN EKSTROM ~

... And in wishing her good luck and happy adventures.

WHEN: THURSDAY, JULY 29, 2010
FROM 2:00-4:00 PM

WHERE: PRESIDENT’S CONFERENCE ROOMS
BRAULT BUILDING, 3RD FLOOR,
ANNANDALE CAMPUS

For information call: 703 323-3101 or 3122
OUTDOOR ADVENTURES

Have you ever wondered...
* Why do mosquitoes always seem to bite me?
* How can I go on a modern-day treasure hunt?
* What do I do if I encounter poison ivy or even a bear on a hike?
* Which is worse a storm watch or warning?
* Should I really be exercising outside in this heat?
* How can I be safer swimming in the ocean?
* What budget and family-friendly activities are there for day trips, weekends, or even vacations?

Come to the OUTDOOR ADVENTURES program to be ready for good and safe outdoor fun!

All participants will receive an incentive for participating in this program.

Date: July 23rd  Time: 10:00am  Location: Bisdorf Rm 157

Alexandria Campus

www.commonhealth.virginia.gov
New Virginia State Laws Take Effect July 1, 2010

July 1, 2010 marked a new milestone - many new state laws, as well as state and local fiscal 2011 budgets, went into effect.

There are a number of new laws that Virginians are now subject to.

**Driver safety**
- Expanding on an existing law, motorists must change lanes, if possible to do so safely, to avoid driving in the highway lane next to a tow truck or motorist assistance vehicle assisting with an incident on the shoulder. Previously, the "move over" law applied only to police, fire and rescue vehicles with blue or red flashing lights. It now applies to vehicles displaying amber-colored flashing lights as well.

- All passengers under 18 are now required to buckle up in the front and back seat of a car, and the violation is now considered a primary offense, meaning that police can pull over a vehicle if they suspect a violation. For those 18 and over, not wearing a seatbelt in the front seat remains a secondary offense, which means police can ticket offenders only if they stop them for something else, such as speeding. It remains legal for adult passengers in the back seat to not wear a seatbelt.

**Speed limits**
- The maximum speed limit in Virginia is now 70 mph on certain interstate highways, instead of 65 mph.