

**NOVA Soccer Team Member Verification Form**

Students who play soccer on one of NOVA's intercollegiate or club teams may request that advanced standing credit be granted for the PED course listed below. To document your participation and knowledge, please fill out the top part of this form and give it to your coach for verification, along with page 1 of the 125-49 Request for Evaluation of Transcript form:

Student's Name: \_\_\_\_\_ Student's ID #: \_\_\_\_\_ Date: \_\_\_\_\_  
*(printed)*

Team: \_\_\_\_\_ Semester \_\_\_\_\_ and Year \_\_\_\_\_ of team participation.

Coach's name: \_\_\_\_\_ Coach's NOVA email: \_\_\_\_\_

**Coach's Instructions:** Aside from the history of soccer, all elements included in A – F should be developed, practiced and applied during practice sessions and also applied in competitive game play as well.

To verify this, please complete this form and verify that the student has practiced these skills and has **actively** participated in one season within the last two years, taking part in a minimum of 20 hours of practices and games.

**PED 150 Soccer (1cr.)**  
Introduces soccer skills, techniques, terminology, team play strategy, rules, equipment and safety.

**Upon completion of this course the student will be able to:**

<ul style="list-style-type: none"> <li>A. Understand history and terminology of soccer.</li> <li>B. Understand individual and team skills and strategy needed in soccer.</li> <li>C. Develop higher levels of fitness.</li> <li>D. Demonstrate individual skills including.                             <ul style="list-style-type: none"> <li>1. Kicking (instep, side of foot)</li> <li>2. Trapping (foot, chest)</li> <li>3. Heading</li> <li>4. Goal keeping</li> <li>5. Throw-in</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>6. Dribbling</li> <li>7. Tackling</li> <li>8. Restart situation                             <ul style="list-style-type: none"> <li>a. Kick-off</li> <li>b. Penalty kick</li> <li>c. Indirect and direct rules</li> <li>d. Drop ball</li> <li>e. Corner kick</li> </ul> </li> <li>E. Understand rules, strategy, and positioning</li> <li>F. Participate in scrimmages</li> </ul>
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**Coach's verification:**

As coach of the above stated team, I verify that the above stated student has **actively** participated in a minimum of 20 hours of all practices and games during the above stated season. Additionally, I verify that during practices and games the above stated student had ample opportunity to learn and develop the skills listed above.

Coach's signature: \_\_\_\_\_ Date: \_\_\_\_\_

College-Wide Director for Student Activities' signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Coach:**

Please forward the signed form, along with the student's 125-49 Request for Evaluation of Transcript, to the College-Wide Director for Student Activities (AL Campus). Once signed by the Director, the forms should be forwarded to the Campus Registrar.

**Campus Registrar:**

Date received: \_\_\_\_\_ Date Scanned: \_\_\_\_\_ Initials: \_\_\_\_\_ Date linked to CRO: \_\_\_\_\_ Initials: \_\_\_\_\_

Confirmation will be sent to the student's NOVA email account within 4-6 weeks.