

NOVA Basketball Team Member Verification Form

Students who play basketball on one of NOVA's intercollegiate or club teams may request that advanced standing credit be granted for the PED course listed below. To document your participation and knowledge, please fill out the top part of this form and give it to your coach for verification, along with page 1 of the 125-49 Request for Evaluation of Transcript form:

Student's Name: _____ Student's ID #: _____ Date: _____
(printed)

Team: _____ Semester _____ and Year _____ of team participation.

Coach's name: _____ Coach's NOVA email: _____

Coach's Instructions: All elements included in A – K should be developed, practiced and applied during practice sessions and also applied in competitive game play as well.

To verify this, please complete this form and verify that the student has practiced these skills and has **actively** participated in one season within the last two years, taking part in a minimum of 20 hours of practices and games.

PED 152 Basketball (1 cr.)

Teaches basic basketball offensive and defensive skills and techniques, conditioning, team play and strategy, and terminology and history. This course is designed to provide instruction and practice in the game of basketball with the goal being the development of skills for, and attitude commensurate with, participation in a lifetime, health and fitness promoting recreational sport.

Upon completion of this course the student will be able to:

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|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| A. Properly execute the fundamental basketball skills of dribbling, passing, shooting, rebounding, boxing out, and defensive play as evidenced by passing a skills test. | F. Select proper equipment. |
| B. Understand and apply the rules of the game of basketball. | G. Understand and apply basic offensive and defensive strategies. |
| C. Understand the positions of the game of basketball. | H. Understand the fitness value of basketball and how to improve conditioning. |
| D. Accurately keep score. | I. Understand the value of the warm-up and how to improve flexibility. |
| E. Apply proper basketball etiquette when playing (etiquette includes general good manners and sportsmanship while precluding any foul language, complaining, and equipment abuse). | J. Drills and practice time |
| | K. Game situations and scrimmage play. |

Coach's verification:

As coach of the above stated team, I verify that the above stated student has **actively** participated in a minimum of 20 hours of practices and games during the above stated season. Additionally, I verify that during practices and games the above stated student had ample opportunity to learn and develop the skills listed above.

Coach's signature: _____ Date: _____

College-Wide Director for Student Activities' signature: _____ Date: _____

Coach:

Please forward the signed form, along with the student's 125-49 Request for Evaluation of Transcript, to the College-Wide Director for Student Activities (AL Campus). Once signed by the Director, the forms should be forwarded to the Campus Registrar.

Campus Registrar:

Date received: _____ Date Scanned: _____ Initials: _____ Date linked to CRO: _____ Initials: _____

Confirmation will be sent to the student's NOVA email account within 4-6 weeks.