

NOVA COLLEGE-WIDE COURSE CONTENT SUMMARY NSG 170 – HEALTH/ILLNESS CONCEPTS (6 CR.)

Course Description

Focuses on the nursing care of individuals and/or families throughout the lifespan with an emphasis on health and illness concepts. Includes concepts of nursing care for the antepartum client and clients with common and predictable illnesses. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or simulated environments. Lecture 4 hours, Laboratory 6 hours. Total 10 hours per week.

NOVA - Lecture 4 hours, Laboratory, 1 hour, Clinical Lab 5 hours. Total 10 hours per week.

General Course Purpose

The purpose of this course is to introduce the advanced beginner student to concepts related to care of clients with predictable outcomes.

Course Prerequisites/Corequisites

Course Objectives

Upon completing the course, the student will be able to:

1. Accurately assess clients who are experiencing common and predictable health problems.
2. Demonstrate the use of the nursing process and evidence-based care related to the concepts of fluid and electrolytes, cellular regulation, metabolism, sexuality, reproduction, thermoregulation, gas exchange and perfusion.
3. Prioritize safety measures in the care of clients with varied health problems.
4. Use evidence to support and plan appropriate nursing care.
5. Recognize the impact of personal beliefs, values and attitudes in the development of professionalism and professional behaviors.
6. Use technology and information management tools to plan and provide safe and effective patient care.
7. Compare and contrast the roles of the health team members in the planning and provision of client care.

Major Topics to be Included

1. Fluid & Electrolytes Concept
2. Cellular Regulation
3. Metabolism
4. Sexuality Concept
5. Reproduction Concept
6. Thermoregulation Concept
7. Gas Exchange Concept
8. Perfusion Concept