

## **NOVA COLLEGE-WIDE COURSE CONTENT SUMMARY NSG 100 – INTRODUCTION TO NURSING CONCEPTS (4 CR.)**

### **Course Description**

Introduces concepts of nursing practice and conceptual learning. Focuses on basic nursing concepts with an emphasis on safe nursing practice and the development of the nursing process. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or simulated environments.

Lecture 3 hours. Laboratory 3 hours. Total 6 hours per week. 4 credits

### **General Course Purpose**

The purpose of this course is to introduce novice students the basic concepts of nursing practice and concept learning.

### **Course Prerequisites/Corequisites**

Prerequisites: BIO 141 and BIO 142 or BIO 231 and 232. ENG 111, PSY 230, SDV 101 or 100

Corequisites: BIO 150 or BIO205, NSG 106 and NSG 130, NSG 200.

### **Course Objectives**

Upon completing the course, the student will be able to:

- a) Demonstrate the use of therapeutic communication, caring behaviors and patient self-determination in the provision of basic nursing care.
- b) Use the nursing process to meet the basic needs of patients related to infection, mobility, functional ability, tissue integrity, gas exchange, nutrition and principles of pharmacology.
- c) Report patient safety issues and risks.
- d) Provide safe basic nursing care with guidance using the core concepts identified.
- e) Summarize the components of clinical reasoning, evidence-based practice and the nursing process.
- f) Demonstrate professionalism and professional behaviors.
- g) Identify quality improvement and informatics principles used in patient care.
- h) Compare and contrast the roles of the health care team.

### **Major Topics to be Included**

- a) Safety Concept
- b) Nursing Process Concept
- c) Infection Concepts
- d) Mobility Concept
- e) Functional Ability Concept
- f) Tissue Integrity Concept
- g) Gas Exchange Concept
- h) Elimination Concept
- i) Nutrition Concept
- j) Comfort/Rest Concept
- k) Pharmacology Concept