

Revised 1/95

NVCC COLLEGE -WIDE COURSE CONTENT SUMMARY

HMS 255 - ADOLESCENT ALCOHOL USE AND ABUSE (3 CR.)

COURSE DESCRIPTION

Examine adaptive and injurious effects of alcohol on the adolescent. Teaches adolescent developmental tasks, behavior concepts, and principles. Explores specific treatment modalities. Lecture 3 hours per week.

GENERAL COURSE PURPOSE

To provide the student with the opportunity to understand the adolescent stages and tasks of development and how they relate to substance use and abuse.

ENTRY LEVEL COMPETENCIES

English, reading and writing.

Knowledge of major facts and principles of substance abuse. Familiarity with treatment modalities for substance abusers.

COURSE OBJECTIVES

- A. To discuss the concepts and principles related to the adolescent stages and tasks of development.
- B. To explain how substance abuse relates to the developmental tasks of adolescence.
- C. To describe adolescent problems and ways to cope with the problems.
- D. To discuss treatment modalities used with adolescents involved in substance abuse.

MAJOR TOPICS TO BE INCLUDED

- A. Erickson's stages of human development.
- B. Social problems faced by the adolescent today involving the home, school, work and community.
- C. Skills needed by the adolescent today to function effectively at home, school, work and in the community.
- D. Piaget's stages of cognitive development.
- E. Kohlberg's stages of moral development.