

NVCC COLLEGE-WIDE COURSE CONTENT SUMMARY

HMS 252 - SUBSTANCE ABUSE II (3 CR.)

COURSE DESCRIPTION

Expands knowledge and skill in working with the substance abuser with some emphasis given to pharmacology. Focuses on assisting substance abusers in individual and group setting and explores client treatment modalities. Emphasis will be placed on family treatment. Lecture 3 hours per week.

GENERAL COURSE PURPOSE

To increase the student's knowledge of substance abuse by focussing on relevant topics, e.g. models of addiction, treatment modalities, family treatment, pharmacology, and the dually-diagnosed client.

ENTRY LEVEL COMPETENCIES

HMS 251, Substance Abuse I, or equivalent experiential knowledge most helpful

COURSE OBJECTIVES

Upon completion of the course, students should:

- A. be able to identify drugs of abuse and their specific pharmacological actions on the central nervous system,
- B. be able to describe concepts and theories pertaining to drug abuse/dependency,
- C. be able to identify and distinguish between historical views on substance abuse and contemporary attitudes on abuse,
- D. be able to describe modern legal approaches to substance abuse,
- E. be able to simulate an initial interview with an abuse client and demonstrate mastery of concepts learned in class. (emphasis is on the use of the support/challenge (care) conditions),
- F. be able to explain different models of treatment and treatment modalities for the substance abusing client, and the effectiveness of each, and to be able to explain one's personal counseling model for working with the substance abuser,
- G. be able to evaluate strengths and weaknesses of one's own personality and how this related to effectiveness as a substance abuse counselor,
- H. be fully conversant with the concepts of Co-dependency, the "systems concept", dysfunctional families, boundaries, and the like as pertain to the substance abuser and his/her recovery,
- I. students will develop knowledge as to how to engage the resistant client and/or family in treatment.

MAJOR TOPICS TO BE INCLUDED

- A. Substance Abuse as a Family Disease
- B. Adult Children of Alcoholics
- C. Treatment Modalities and Models of Disease

- D. Concepts of Enabling and Provoking
- E. Disease Process, Patterns
- F. Pharmacology
- G. Dual Diagnosis
- H. American Psychiatric Association Diagnostic and Statistical Manual (DSM-current)
- I. Treatment Planning