

**NVCC COLLEGE-WIDE COURSE CONTENT SUMMARY  
EMS 201 – EMS PROFESSIONAL DEVELOPMENT (2 CR)**

**Course Description**

Prepares students for Paramedic certification at the National Registry Level by fulfilling community activism, personal wellness, resource management, ethical considerations in leadership and research objectives in the Virginia Office of Emergency Medical Services Paramedic curriculum. Lecture 2 hours per week.

**General Course Purpose**

The purpose of this course is to prepare the EMS student to use community resources to facilitate personal and community wellness and fulfills the wellness and resource objectives of the Virginia Office of Emergency Medical Services Intermediate curriculum.

**Entry Level Competencies**

Prerequisite: EMT/B Certification

**Course Goals and Objectives**

**Goals**

- The student will understand the expanding role of the EMS provider both in and out of traditional “ambulance care” environments.
- The student will learn the importance of maintaining good personal health.
- Community Health

**Objectives**

- Students will demonstrate an understanding wilderness, urban, and suburban EMS.
- Students will understand how EMS can benefit public safety and health in commercial, industrial, public health and community health environments.
- Students will demonstrate body mechanics and exercise option crucial to physical well being.
- Students will demonstrate a grasp of personal nutrition and wellness practice.
- The student will create a plan for personal physical and mental well-being.
- Students will demonstrate an awareness of EMS’ role in advancing community health and wellness.
- Students will discuss future roles of EMS in the provision of public health.

**Major Topics to be Included**

1. EMS roles and responsibilities in atypical settings.
2. Injury and illness awareness and prevention
3. Public Health Issues
4. Nutrition
5. Body Mechanics
6. Physical and Mental Wellness