

RESOURCES

| Crisis/Safety Concerns | Suicidal Concerns | Emotional Support | Wellness Resources | Sexual Misconduct Support |
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| <p>Emergency: Contact 911</p> <p>Non-emergency: NOVA Police 703-764-5000</p> | <p>National Suicide Prevention Lifeline: 1-800-273-8255 (24/7)</p> <p>Crisis Textline: Text HOME to 741741 (24/7)</p> | <p>ACTS Helpline: 703-368-4141 (24/7)</p> <p>Report for Students Needing Assistance</p> <p>TimelyCare Telehealth Services</p> | <p>Virtual Self-Care Kit</p> <p>Office of Wellness and Mental Health Resources</p> <p>Self-Care Booklet</p> | <p>Title IX: Make a report</p> <p>Pregnant and Childbirth: Accommodations Request</p> |
| Discrimination Concerns | Accommodations Support | Conduct Concerns | Basic Needs/Grants | Veterans Services |
| <p>Diversity, Equity, and Inclusion Office</p> <p>Student Ombuds Services</p> | <p>Accommodations and Accessibility Services</p> <p>Remote Student Support Services</p> | <p>Office of Student Rights and Responsibilities</p> <p>Report a Concern</p> | <p>Financial Stability and Advocacy Centers</p> <p>Student Emergency Grants</p> <p>CCAMPIS (Parental Supports)</p> | <p>NOVA's Office of Military and Veterans Services</p> <p>Veterans Crisis Line: 1-800-273-8255 and press 1, text 838255, or chat</p> |