FREE Mind Map Templates

Designed to help you practice Mind Maps before creating your own unique Maps
To see more Mind Maps by Paul Foreman visit the Mind Map Inspiration Website [www.mindmapinspiration.co.uk](http://www.mindmapinspiration.co.uk) and

Subscribe to the Mind Map Inspiration Blog to receive new Mind Maps, plus creativity and drawing tips.

Blog at [www.mindmapinspiration.com](http://www.mindmapinspiration.com)

Mindmaps ® were invented by Tony Buzan

They help us progress from "linear" (one-dimensional) through "lateral" (two-dimensional) to "radiant" (multi-dimensional) thinking.

For more information see his books and visit the following websites:

[www.buzanworld.com](http://www.buzanworld.com)

[www.imindmap.com](http://www.imindmap.com)
In this E-Book I share how I create ideas and help guide you towards the land of infinite possibilities.

Never be stuck for an idea again!

Contents

Why simple is often best
   Fresh ideas
Use thinking – don’t let it use you
   Lifespan of an idea
   Simplicity of an idea
Everything stems from a thought
Planning ahead and the bigger picture
   Sparking ideas
   Random thinking styles
   Creativity Toolkit
Outside the box outside the box
Ideas don’t dry up – thoughts do
   Constant Daily Learner
   Land of infinite possibilities

Includes the following Mind Maps:

   5W1H
   Idea Creation
   Topical Ephemeral or Practical Immortal
   Theory of the Brain
   Idea
   Planning Ahead and the Bigger Picture
   Sparking Ideas
   What is Original?
   Thinking Styles
   Thinking styles template
   Creativity Toolkit Mind Map
   Planetary Thinking
   360° Thinking
   Creative Focus
   Odd Combinations
   Thinking outside the Box
   Thinking outside the Box Checklist
   Curious Brain
   Constant Daily Learner
Beginners guide

Colour wheel and use of colours
Suggested Equipment
  Drawing Fish
  Drawing Cats
  Drawing Books
Using Stencils & Templates
  Drawing Hats
  Mind Map Templates
Drawing Curves & Shapes
Detailed breakdown of “Fantasy Mind Map”
Enhancing Creativity through Thought Reduction
  Drawing Speed Tests
  Drawing Faces
  Lettering
  Photo to Cartoon transfer
Drawing Tips and Tricks
  Doodleboards
  Mind Maps

Learn how to take your drawing to the next level
in my second E-Book and discover the secrets of
"How I drew my minds"

  Including:
  The thoughts behind the maps
  Mind Map structure
  What products I use
  Tips and tricks for drawing
    Colour placement
    Image placement
  Detailed image analysis
  Illustration walkthrough step by step
    Fast sketching
    Idea generation
  From a simple line and curve to an image
    Overlap and 3D
  Plus a few surprises!
Discover true happiness and inner peace

Learn how to stop incessant thinking and take control of your thoughts

Learn how to meditate, relax your mind and body and foster inner calm

How to stay in the present moment

How to let go, find simplicity and transform your life for good

Simple tips and strategies for a harmonious and stress-free life

Includes:

Happiness is your primary state
Stop Thinking
Happiness is inside you
Go Within
Meditation
Organisation – Inner & Outer
Coming back to now (Present Moment Awareness)

Includes the following Mind Maps:

Happiness is your primary state
Stop Thinking Tips
Happiness is inside you
Go Within
Meditation
Organisation
Present Moment Awareness
Positive Acronym Your Name
Letting Go
Plus a Bonus Mind Map