

A.S. General Studies Pathway (Physical Education BEd)

2019-2020

ADVANCE Program Milestones

1. Students must take SDV 100 or SDV 101 in the first semester at NOVA.
2. Students must begin Developmental coursework in the first semester in ADVANCE at NOVA.
3. Students must take first college-level MTH course and ENG 111 in the semester immediately following the completion of any MTE or ENF courses (excluding summer).
4. In the first 30 credits, students must:
 - a. Complete ENG 111 and ENG 112 with a C or better.
 - b. Complete the first college-level MTH course with a C or better.
 - c. Pass VCLA and Praxis Core Academic Skills or approved substitute tests.
5. Students must complete at least six degree-applicable credits with a C or better each fall and spring semester.
6. Students must maintain a 2.5 cumulative GPA.
7. Students must apply for NOVA graduation and complete their Associate's degree.
8. Students must earn at least 30 total professional development points in order to apply for student teaching.
9. Students must achieve and maintain the healthy zone of health related fitness as measured by FitnessGram.*

	NOVA DEGREE REQUIREMENT SEQUENCE	Credits	Courses	MASON TRANSFER EQUIVALENT	MASON CORE/DEGREE EQUIVALENT
1	SDV Course	1	SDV 100 College Success Skills OR SDV 101 Orientation to XXX	UNIV 100	Elective
2	ENG 111	3	ENG 111 College Composition I	ENGH 101	Written Comm
3	Social/Behavioral Sciences #1	3	ECO 201 Principles of Macroeconomics OR ECO 202 Principles of Microeconomics OR GEO 210 Introduction to Cultural Geography OR HIS 121 United States History I OR HIS 122 United States History II OR PLS 135 American National Politics OR PLS 211 United States Government I OR PSY 200 Principles of Psychology OR PSY 230 Developmental Psychology OR SOC 200 Principles of Sociology OR SOC 211 Principles of Anthropology I	ECON 104 ECON 103 GGS 103 HIST 121 HIST 122 GOVT 103 GOVT 103 PSYC 100 PSYC 211 SOCI 101 ANTH 120	Soc/Behav
4	MTH 154	3	MTH 154 Math for Liberal Arts	MATH 106	Quantitative Reasoning
5	Science Course #1	4	BIO 141 Anatomy and Physiology I	BIOL 124	NAT SCIENCE
6	Open Elective #1	3	HLT 110 Concepts of Personal and Community Health	HEAL 110	DEGREE
7	ENG 112	3	ENG 112 College Composition II	ENGH XXX	Elective
8	Science Course #2	4	BIO 142 Anatomy and Physiology II	BIOL 125	NAT SCIENCE
9	Open Elective #2	3	EDU 114 Driver Task Analysis (Must be 19 or older) OR EDU 254 Teaching Basic Academic Skills to Exceptional Children OR EDU 280 Technology Standards for Teachers	EDUC XXX EDUC L301 ELED L357	Elective
10	CST Course	3	CST 100 Principles of Public Speaking OR CST 110 Introduction to Communication	COMM 100 COMM 101	Oral Comm
11	ITE 115	3	ITE 115 Introduction to Computer Applications & Concepts	IT 103	Info Tech
12	Open Elective #3	3	EDU 200 Intro to Teaching as a Profession	EDUC 200	Elective
13	Humanities/Fine Arts #1	3	ART 100 Art Appreciation OR ART 101 History and Appreciation of Art I OR ART 102 History and Appreciation of Art II OR CST 130 Introduction to Theatre OR CST 151 Film Appreciation I OR MUS 121 Music Appreciation I	ARTH 101 ARTH 200 ARTH 201 THR 101 ENGH L372 MUSI 101	Arts

14	Open Elective #4	3	EDU 214 Instructional Principles of Driver Education* OR EDU 254 Teaching Basic Academic Skills to Exceptional Children OR EDU 280 Technology Standards for Teachers	EDUC XXX EDUC L301 ELED L357	Elective
15	Open Elective #5	3	PHED 273 Net and Target Games (Spring only)	PHED 273	DEGREE
16	HIS Course	3	HIS 101 History of Western Civilization I OR HIS 102 History of Western Civilization II OR HIS 112 History of World Civilization II	HIST 101 HIST 102 HIST 125	Western Civ
17	Open Elective #6	3	PHED 275 Field and Invasion Games (Fall only)	PHED 275	DEGREE
18	Open Elective #7	3	HEAL 250 Introduction to School Health (Fall only)	HEAL 250	DEGREE
19	Social/Behavioral Sciences #2	3	GEO 220 World Regional Geography OR PLS 140 Introduction to Comparative Gov't OR PLS 241 International Relations I OR PSY 219 Cross-Cultural Psychology OR REL 231 Religions of the World I OR REL 232 Religions of the World II	GGG 101 GOVT 133 GOVT 132 PSYC L379 RELI 212 RELI 211	Global
20	Humanities/Fine Arts #2	3	ENG 236 Introduction to the Short Story OR ENG 241 Survey of American Literature I OR ENG 242 Survey of American Literature II OR ENG 251 Survey of World Literature I OR ENG 252 Survey of World Literature II OR ENG 253 Survey of African-American Literature I	ENGG 202	Literature
A. S. GENERAL STUDIES DEGREE TOTAL		60			

For academic policies and procedures, please see NOVA catalog - <http://www.nvcc.edu/catalog/index.html>

Student Teaching Applications are due by February 1st for Fall Placement and September 1st for Spring Placement**

Note: Our school and agency partners require Mason students to be fingerprinted and pass a criminal background check prior to field experience work. Students must assume the risk that classes may be deferred and their program delayed due to the individual severity of notations on such a check and review by individual agencies.

	MASON DEGREE REQUIREMENT SEQUENCE	Credits	Course	MASON CORE/DEGREE EQUIVALENT
21	Professional Sequence	2	ATEP 120 First Aid and Emergency Care	DEGREE
22	Professional Sequence	3	PHED 306 Psychomotor Learning	DEGREE
23	Professional Sequence	3	PHED 276 Health Related Fitness Education (Fall only)	DEGREE
24	Professional Sequence	3	PHED 202 Teaching Skillful Movement (Fall only)	DEGREE
25	Professional Sequence	3	ATEP 300 Functional Anatomy	DEGREE
26	Professional Sequence	3	KINE 310 Exercise Physiology I	DEGREE
27	Professional Sequence	3	PHED 320 Student Assessment in Health and Physical Education (Spring only)	DEGREE
28	Professional Sequence	2	PHED 274 Dance and Educational Gymnastics (Spring only)	DEGREE
29	Professional Sequence	2	PHED 218 Technology in Health and Physical Education (Spring only)	DEGREE
30	Professional Sequence	3	EDRD 300 Literacy and Curriculum Integration (Spring only)	DEGREE
31	Professional Sequence	3	PHED 340 Social and Cultural Issues in Physical Education (Spring only)	Writing Intensive
32	Professional Sequence	1	HEAL 200 School and Community Safety (Spring only)	DEGREE
33	Professional Sequence	3	EDUC 302 Human Growth and Development	DEGREE
34	Professional Sequence	3	PHED 403 Elementary School Instruction in Physical Education	DEGREE
35	Gen Ed: Written Communication (UL)	3	ENGG 302 Advanced Composition	Written Comm
36	Professional Sequence	3	PHED 308 Adapted Physical Education (Fall only)	DEGREE
37	Professional Sequence	3	HEAL 405 Teaching Methods in Health Education (K-12)	DEGREE
38	Professional Sequence	3	PRLS 316 Leadership and Outdoor Education	DEGREE
39	Professional Sequence	3	PHED 404 Middle and High School Instruction in Physical Education	DEGREE
40	Gen Ed: Synthesis/Professional Sequence	12	PHED 415 Student Teaching in Physical Education*	Synthesis
B.S. ED PHYSICAL EDUC. DEGREE TOTAL		124		

Denotes a course that must be taken at George Mason University. Please see your Success Coach to enroll.

*Students interested in taking EDU 214 for their Open Elective #4 must complete EDU 114 for Open Elective #2

**For information on professional development plan and Student Teaching application, please visit: <https://rht.gmu.edu/health-and-physical-education/professional-development-plan>

General Note: Students must complete student teaching (PHED 415) within 5 years of completing PHED 202. If more than 5 years as lapsed, the student will have to retake this foundational course before they can student teach.

For academic policies and procedures, please see Mason catalog - <https://catalog.gmu.edu/policies/>

Students seeking a bachelor's degree must apply at least 45 credits of upper-level courses (numbered 300 or above) toward graduation requirements