Section A: Sensing, Acting, and Brains

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- The way it ISN’T: sensing → brain analysis → action.

- The way it is: sensing, analysis, and action are ongoing and overlapping processes.

- Sensations begin as different forms of energy that are detected by sensory receptors.
  
  - This energy is converted to action potentials that travel to appropriate regions of the brain.

- The limbic region plays a major role in determining the importance of a particular sensory input.