NVCC COLLEGE-WIDE COURSE CONTENT SUMMARY
RPK 100 – INTRODUCTION TO RECREATION, PARKS AND LEISURE STUDIES (3 CR.)

Course Description

Prerequisite ENG 111. Includes history and philosophy of the recreation and parks movement. Discusses the theory of leisure and play. Analyzes leisure service delivery systems and career opportunities. Emphasizes the commercial, non-profit and public sectors, Armed Forces, therapeutic recreation as well as volunteer service. Lecture 3 hours per week.

General Course Purpose

To provide the student who is planning a career in recreation and parks with a basic understanding of the field and the career options available.

Course Prerequisites/Co-requisites

English 111

Course Objectives

Upon completion of the course, students will be able to:

- Define leisure, play and recreation.
- State major concepts in the history of both the play movement and park movement.
- Describe the major components of the Leisure Service Delivery System.
- State the difference in goals and objectives and careers within the Leisure Service Delivery System.
- State a philosophy of recreation and use of natural resources. Does this mean articulate their OWN philosophy or does it mean they can repeat a well-known philosophy?

Major Topics to be Included

a. Definition of terms: leisure, play and recreation.
b. History of the play movement and the recreation profession.
c. History of the parks and conservation movement.
d. The values of the recreation.
e. Economic impact of recreation.
f. Components of the Leisure Delivery Service System.
g. Goals and objectives of the Leisure Service Delivery System.
h. Career options.
i. Professionalism in recreation and parks.