NOVA COLLEGE-WIDE COURSE CONTENT SUMMARY
NUR 250 – GLOBAL AND RURAL HEALTH NURSING (5 CR.)

Course Description
Applies principles and concepts of Transcultural Nursing in relationship to health promotion and disease prevention in global vulnerable populations. Provides an international/rural public health experience, allowing the student to apply concepts of epidemiology, environmental and public health. Students will travel to rural areas in underserved areas inside or outside of the continental United States. Lecture 3 hours. Laboratory 6 hours. Total 9 hours per week.

General Course Purpose
Provides an opportunity, for nursing students to observe and participate in a global/rural learning experience in nursing and health care. Will help nursing students to meet both the College’s and VCCS general education goal for “Cultural & Social Understanding”.

Course Prerequisites/Co-requisites
Prerequisite is NUR 150 and a current U.S. passport. Co-requisite is CST 229 – Intercultural Communication.

Course Objectives
Upon completing the course, the student will be able to:

- Understand the diversity of a community in terms of values, beliefs, ideas, cultures, and world views.
- Model a positive orientation to new opportunities, openness to learning, ideas and global thinking.
- Develop a Transcultural perspective related to nursing care through creative thinking, knowledge integration and therapeutic communication techniques.
- Think, work and move across boundaries- in diverse health care delivery systems with a range of people.
- Utilize advanced skills development related to selecting tools and applying epidemiologic findings to health issues.

Major Topics to be Included
a. Cultural perspectives related to person, family and community in the rural environment as related to health issues.
b. Cultural assessment skills and tools.
c. Communication skills as related to time perspective, conversational styles, personal space, eye contact, touch and other non-verbal forms.
d. The role of spirituality or religious practices.
e. Birth and death rituals.
f. Illness and health perspectives in a global setting.