Course Description

This course teaches a systematic approach to obtaining a health history and performing a physical assessment. Lecture 2 hours per week. Laboratory 3 hours per week.

General Course Purpose

The purpose of this class is to assist students to refine history taking, psychosocial assessment and physical assessment skills throughout the lifespan.

Course Prerequisites/Corequisites

NUR 111, NUR 118

Course Objectives

Upon completion of this course the student will be able to:

- Obtain and document a comprehensive health history utilizing therapeutic communication skills.
- Conduct a comprehensive physical examination on a client.
- Perform a health assessment in a systematic and accurate manner.
- Differentiate normal findings from deficits while performing a comprehensive health assessment on a client.
- Incorporate changes in a health assessment exam related to age, ethnic or cultural variations.
- Review related anatomy and physiology of all systems examined during health assessment.

Major Topics to be Included

- Health history
- Mental status
- Head, Eyes, Ears, Nose, Throat
- Neurosensory
- Pain
- Musculoskeletal
- Cardiovascular
- Respiratory
- Gastrointestinal
- Urinary
- Skin
- Pediatric/Geriatric