Course Description

Introduces selected basic skills and concepts in the discipline of nursing and their incorporation into care to meet the changing standards of nursing practice. Intended as a transition/refresher course for transfer and returning students. The one credit course is designed for the LPN transition to RN. Lecture .5 hour. Laboratory 1 hour. Total 1.5 hours per week. The two credit course is designed for transfer students from other nursing programs or returning students. Lecture 1 hour. Laboratory 2 hours. Total 3 hours per week.

General Course Purpose

The purpose of the course is to provide an opportunity for entry and re-entry level students to demonstrate the appropriate skill performance to meet the competency standard required of all students to provide safe nursing care to all patients.

Course Prerequisites/Co-requisites

Graduate of an LPN program, licensed to practice in the state of Virginia, a recent transfer from another nursing program or a returning student to the nursing program.

Course Objectives

Upon completion of the course, the student:

- utilizes self-study skills in preparation for skill tests
- demonstrates competency in performing skills during testing
- applies concepts and appropriate rationale to each required nursing skill
- successfully passes the written and manual skill tests on the first try

Major Topics to be included

A. Skills taught in 105 and tested in 116
   1. vital signs
   2. range of motion
   3. patient transfer
B. Skills taught in 108 and tested in 116
   1. mixing 2 medications
   2. I.M. injections
   3. catheterization (was moved to 109 – next semester will be tested with 109 skills)
C. Skills taught in 109 and tested in 116
   1. priming IV tubing and calculating dup rate
   2. sterile dosage change
   3. NG irrigation
   4. NG feeding
   5. Z-track injection
   6. changing chest tube drainage system (this was recently moved to 2nd year curriculum)
D. Skills taught in 205 and tested in 116: blood administration
E. Skills taught in 212 and tested in 116
   1. tracheal suctioning and hygiene
   2. central line dressing