

GETTING STARTED WITH FOCUS 2

FOCUS 2 is an online, interactive, self-guided career and education planning system that can help you:

- Select a program/major based on your interests and aspirations
- Discover occupations matching your personal preferences and attributes
- Map out your career plans, present and future
- Make informed career decisions

Create an account by self-registering for FOCUS 2 at <https://www.focuscareer2.com/Portal/Login.cfm?SID=1014>

- Access Code: NOVA
- VCCS student e-mail account required to create an account
- Status: select appropriate group from list provided

Below are descriptions of the main features of FOCUS 2. The *Welcome* section is a great place to start!

Main Menu Features	Descriptions
<p>Welcome</p> <ul style="list-style-type: none"> • My Career Planning Readiness • My Academic Strengths 	<p>A Great Starting Point</p> <p>An orientation to the career planning process.</p>
<p>Self Assessment</p> <ul style="list-style-type: none"> • Work Interest Assessment • Values Assessment • Personality Assessment • Skills Assessment • Leisure Assessment 	<p>Valid & Reliable Self Assessments</p> <p>Assessment results identify occupations and majors matching your personal attributes.</p>
<p>Explore the Possibilities</p> <ul style="list-style-type: none"> • What can I do with a major in . . . at NOVA? • Explore any Area of Study • Explore any Occupation • Explore Occupations by Job Family • Compare 2 Occupations Side by Side 	<p>Additional Major & Career Exploration</p> <p>Explore suggested majors and navigate career options to make informed decisions.</p>
<p>Take Action</p> <ul style="list-style-type: none"> • My Education • My Professional Development 	<p>Academic & Career Plan</p> <p>Develop a road map to plan for your future.</p>
<p>Career and Education Planning Results</p> <ul style="list-style-type: none"> • My Saved Occupations • My Saved Majors • Review and Print My Portfolio 	<p>FOCUS 2 Career Portfolio</p> <p>Summary of your results with your individual comments & top choices.</p>
<p>Recommended Tools & Websites</p> <ul style="list-style-type: none"> • Job Boards and Internship Opportunities • Links to Resources 	<p>Resources & Links</p> <p>Additional resources to help you make informed decisions.</p>