Course Description

Focuses on the theory and application of occupational therapy in the evaluation and treatment of psychosocial dysfunction. Includes a survey of conditions which cause emotional, mental and social disability, as well as the role of the occupational therapy assistant in the assessment, planning and implementation of treatment programs. Lecture 3 hours per week.

General Course Purpose

The purpose of this course is to familiarize students with various psychosocial conditions across the lifespan and related theoretical underpinnings to psychosocial occupational therapy. This course is designed to provide students with an understanding of evaluation tools and client-centered occupational therapy interventions focused on enhancing occupational performance and participation in individuals and groups with psychosocial dysfunction.

Course Prerequisites/Corequisites

Prerequisite: Completion of OTA program semester 1 and 2 coursework.

Course Objectives

Upon completing the course, the student will be able to:

1. Articulate and explain psychosocial conditions that cause emotional, mental, and/or social disability.
2. Articulate knowledge and appreciation for the role of sociocultural, socioeconomic, diversity factors and lifestyle choices in contemporary society.
3. Gather and share data for the purpose of evaluating and treating occupational performance in areas of occupation with individuals across the lifespan with psychosocial dysfunction.
4. Compare and contrast the purpose, how to administer, and when to select appropriate screening and evaluation tools, client-centered interviews, skilled observations, assessments, occupational histories, and consultations with other professionals in order to best serve clients across the lifespan with psychosocial dysfunction.
5. Effectively select client-centered, occupation-based group and individual occupational therapy interventions that are focused on enhancing safety, health, wellness, and occupational performance in ADLs, IADLs (including community re-entry), education, work, play, rest, sleep, leisure, and/or social participation.
6. Identify appropriate group interventions based on principles of group development and group dynamics with individuals with psychosocial dysfunction across the lifespan.
7. Identify appropriate occupational therapy intervention plans and strategies by therapeutically using occupations and activities that are culturally relevant and client-centered in order to improve the health and well-being of clients.
8. Utilize appropriate techniques to train clients and clients’ caregivers in self-care, self-management, health management and maintenance, home management, and community and work integration.
9. Articulate and demonstrate therapeutic use of self, including one’s personality, insights, perceptions, judgments and values, and its influence on the therapeutic process when working with individuals and/or groups.
10. Explain various cognitive deficits as related to psychosocial conditions and how to implement intervention strategies to best remediate and/or compensate for these deficits that impact
occupational performance.
11. Utilize the teaching-learning process with the client, caregivers, colleagues, other healthcare professionals, and public.
12. **Document effectively for reimbursement and to communicate the need and rationale for OT.**
13. **Promote the use of appropriate home and community programming to support client performance.**
14. **Explain health literacy and demonstrate the ability to educate and train others to facilitate skills in areas of occupation as well as prevention, health maintenance and promotion, and safety.**
15. **Analyze appropriateness to terminate Occupational therapy services and effectively plan for discharge using a variety of resources including community.**

**Major Topics to be Included**

- Common psychosocial conditions and related evaluation tools and interventions to enhance occupational performance and participation in areas of occupation.
- Theoretical underpinnings of the occupational therapy when working with individuals with psychosocial dysfunction across the lifespan.
- Cognitive deficits related to psychosocial conditions and strategies for remediation and/or compensation.
- Group dynamics and group development
- Therapeutic use of self and its application to occupational therapy practice.
- Occupational therapy process related to psychosocial dysfunction
- Prevention and promotion of wellness